

# MACR SHARKS FAMILY VOLUNTEER CONTRACT



In an effort to promote unity and equality on our team, each family will be required to fulfill a minimum of 4 hours of volunteer time over the course of the season.

In order to run these meets effectively, we will utilize over 1,000 hours of volunteer time.

Listed below are the areas where volunteers are needed for each Home Meet :

- **Set Up and/or Tear Down** (1 hour shifts\*) Set up for a meet requires that you arrive 1 hour prior to the meet. You will set-up bleachers, tables, chairs, etc. Tear down for a meet requires that you stay after the meet is over and return all the equipment to its proper place.
- **Concessions** (2 hour shifts\*) Setting up the concession area, helping display food for sale, collecting money and clean up.
- **Ribbon Table** (3 hour shifts\*) Writing or placing stickers onto the ribbons.
- **Computer Table** (3 hours shifts\*) Running the timing system for the meets. Training is provided.
- **Clerk of Course** (3 hour shifts\*) Organizing swimmers in their proper heats and onto the blocks. Training is provided.
- **Timers** (3 hour shifts\*) Running stop watches and pressing plunger on timing system in case touch pads are not working or child did not press hard enough to trigger system.
- **Officials** (3 hour shifts\*) You must be certified for this. If you are interested in becoming an official please e-mail [brown@crmetroymca.org](mailto:brown@crmetroymca.org)

\*Shift lengths may vary; however this is the credit hours you will receive.

As members of the YMCA MACR Sharks Swim Team, I have read and understand the Family Volunteer Contract Requirement. I pledge to fulfill our share of volunteer hours.

\_\_\_\_\_  
*Parent / Guardian Signature*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Parent / Guardian Name Printed*

\_\_\_\_\_  
*Phone Number*

\_\_\_\_\_  
*Parent / Guardian Email Address*

E-mails will be sent out prior to each Home Meet for volunteer sign up. Family volunteer hours fulfilled will be e-mailed after each Home Meet

**Please return this form to the COACH Folder on the HGNY Pool Deck**